

# Pit Stops

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# ACTIVE COMMUTE WEEK GRAND RAPIDS



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Refreshments  
Giveaways  
Discounts

Monday 06/17	Tuesday 06/18	Wednesday 06/19	Thursday 06/20	Friday 06/21
<p><b>Morning</b> 6:30 AM - 8:30 AM</p> <p><b>Rockford Construction</b> <a href="#">415 Bridge St NW</a> Granola Bars, Bagels, Fruit, Coffee, Water</p> <p><b>Trinity United Methodist</b> <a href="#">1100 Lake Dr SE</a> Coffee, Donuts, Juice</p>	<p><b>Morning</b> 6:30 AM - 8:30 AM</p> <p><b>Moosejaw Mountaineering</b> <a href="#">410 Ionia Ave SW</a> Koozies, Sunglasses, Swag</p>	<p><b>Morning</b> 6:30 AM - 8:30 AM</p> <p><b>Trinity United Methodist</b> <a href="#">1100 Lake Dr SE</a> Coffee, Donuts, Juice</p> <p><b>Moosejaw Mountaineering</b> <a href="#">410 Ionia Ave SW</a> Koozies, Sunglasses, Swag</p> <p><b>Advantage Benefits Group</b> <a href="#">130 Fulton St W</a> Granola Bars, Fruit, Water</p>	<p><b>Morning</b> 6:30 AM - 8:30 AM</p> <p><b>Grand Rapids Bicycle Company</b> <a href="#">1311 Fulton St. E</a> Water, Coffee, Fruit, Energy Bars, Freshly Prepared Breakfast</p> <p><b>Moosejaw Mountaineering</b> <a href="#">410 Ionia Ave SW</a> Koozies, Sunglasses, Swag</p>	<p><b>Morning</b> 6:30 AM - 8:30 AM</p> <p><b>Moosejaw Mountaineering</b> <a href="#">410 Ionia Ave SW</a> Koozies, Sunglasses, Swag</p>
<p><b>Afternoon</b> 4:30 PM - 6:30 PM</p> <p><b>Fido &amp; Stitch</b> <a href="#">820 Monroe Ave. NW</a> Baggie of Dog Treats</p> <p><b>Grand Rapids Bicycle Company</b> <a href="#">1311 Fulton St. E</a> Water, LaCroix, Fruit, Energy Bars, Freshly Prepared Tacos</p>	<p><b>Afternoon</b> 4:30 PM - 6:30 PM</p> <p><b>Fido &amp; Stitch</b> 4:30 PM - 6:30 PM <a href="#">820 Monroe Ave. NW</a> Baggies of Dog Treats</p> <p><b>Beaubien Bodyworks</b> 4:30 PM - 8:30 PM <a href="#">951 Wealthy St SE</a> Sports Massage, Thai Massage, Water, Snacks, Raffle for Free Massage</p>	<p><b>Afternoon</b> 4:30 PM - 6:30 PM</p> <p><b>Fido &amp; Stitch</b> 4:30 PM - 6:30 PM <a href="#">820 Monroe Ave. NW</a> Baggies of Dog Treats</p> <p><b>Brewery Vivant</b> 4:30 PM - 6:30 PM <a href="#">925 Cherry Street SE</a> Mention Active Commute Week for \$1 Off Beer</p> <p><b>Founders &amp; The Rapid</b> 4:30 PM - 7:30 PM <a href="#">250 Granville Ave SW</a> Pre-loaded Wave Cards, Swag and Refreshments</p>	<p><b>Afternoon</b> 4:30 PM - 6:30 PM</p> <p><b>Fido &amp; Stitch</b> 4:30 PM - 6:30 PM <a href="#">820 Monroe Ave. NW</a> Baggies of Dog Treats</p> <p><b>Beaubien Bodyworks</b> 4:30 PM - 8:30 PM <a href="#">951 Wealthy St SE</a> Sports Massage, Thai Massage, Water, Snacks, Raffle for Free Massage</p>	<p><b>Afternoon</b> 4:30 PM - 7:30 PM</p> <p><b>ACW HAPPY HOUR</b> <b>The Golden Age at Creston Brewery</b> <a href="#">1504 Plainfield Ave NE</a></p> <p>Check In &amp; Trip Tickets (4:30 PM – 6:00 PM)</p> <p>Mix and Mingle (4:30 – 6:00 PM)</p> <p>ACW Challenge Winners Announced (6:00 PM – 7:00 PM)</p>

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## Five-Day Pit Stops (Monday 06/17 to Friday 06/21)

While supplies last, all pit stops have:

The **Gluten Free Bars** and stickers

**Local First West Michigan Shop** Local bumper stickers and pins

**USGBC West Michigan Chapter** pens

### Great Lakes Coca Cola

**6:30 AM - 8:30 AM**

tent at 1440 Butterworth

Coca Cola Products and  
Giveaways

### Creston Brewery

**12:00 PM - 11:00 PM**

1504 Plainfield Ave NE

Mention Active Commute Week for  
Happy Hour Special All Day

### Ferris Coffee & Nut

Ferris Coffee-West Side

**6:30 AM - 8:00 PM**

227 Winter Ave. NW

Ferris Coffee-Downtown

**7:30 AM - 7:30 PM**

40 Pearl Street NW

Ferris Coffee-HQ

**8:00 AM - 5:00 PM**

839 Seward Ave. NW

Mention Active Commute Week  
at one of these locations for  
25% Off Nitro Cold Brew All Day